

Mission Statement

"With food, care and friendship, we want to ensure that those who are homed, are not forgotten."

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We spend a lot of time as a community working on the needs of the homeless, but those between being comfortable and homelessness must also be remembered. All are welcome to come and join us! Our target will be to invite Seniors, those living in social housing and anyone who needs a friend or some company.

Luncheon Dates

September	26
October	24
November	28
December	19
January	23
February	27

Future Dates to be announced in March.



Come break bread with us!



Lunch

Guests are asked to arrive by 11:30 and the luncheon will be served at 12:00 and be finished by 1:00 pm. From 1:00 pm until 2:00 pm we will be offering some sort of entertainment or a talk/lecture

Key Clients

Although everyone is welcome to join us for lunch, we are targeting

- Seniors
- Those in Social Housing
- Anyone in need of a friend

Please pass this information to anyone you think might benefit from a gathering like this. We would love to see them!



Food

Our chef has planned some amazing menus for the next 6 months. Lunches will be filling, nutritious and when possible made with local ingredients.

Entertainment

Everything from "Sing A Longs" to theatre presentations and musicians.

Talks/Lectures

Health issues, Senior's health, cooking demos, Historians, Archeologists and so much more!

Why?

Times are changing. Food and water are not always a guarantee in today's world. We see many countries suffering famine or on the brink. Canada is a wealthy country, and no one should go hungry or suffer from loneliness.

The Chat and Chew Luncheon will offer a great meal, some entertainment and above all, the opportunity to meet with new people.

Volunteer

We will always need volunteers. If you are interested we need people who can prep food (must have Food Safe Level 1), host, set tables, serve food, chat and help with clean up.

Contact Us

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